



FOR IMMEDIATE RELEASE

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New Decade, New Location: Hand in Paw to Host Mutt Strut in Homewood Central Park

Presented by Veterinary Eye Care in Memory of Christopher Nelms

Birmingham, AL: Hand in Paw is mixing it up by hosting Mutt Strut in Homewood for the very first time, and all dog lovers and running enthusiasts are invited to the new and improved races! Hand in Paw's 11th Annual Mutt Strut: Dog-Friendly 5k and 1 Mile Fun Run will take place on Saturday, April 18, 2020 at Homewood Central Park.

Mutt Strut is hosted by Hand in Paw's Junior Board and supports the Animal-Assisted Therapy nonprofit. Hand in Paw's professionally trained teams of animals and handlers provide comfort and joy in more than 90 medical centers, schools and human service agencies free of charge. Money raised at this event makes it possible for Hand in Paw to continue to positively impact the lives of countless people dealing with emotional and physical life challenges across North Central Alabama and Tuscaloosa.

Registration for the 5k costs \$30, while the fun run is \$25. Included in the race registration is a race t-shirt, swag bag, doggie bandana, entry into award categories, and a chance to visit with local vendors in the Vendor Village. Hand in Paw even offers a sleep-in option for \$15 if runners can't join the festivities but still want to show their support and score some swag.

Ashley Foster, Hand in Paw's Development Director, states, "We are thrilled to host Mutt Strut in Homewood for the first time! This new location gives us the opportunity to offer exciting new race routes and a more dynamic Vendor Village to our participants. We look forward to a day full of families, fun and fur!"

The Awards Ceremony will be held onsite after the race from 9:00 am to 10:00 am and participants can enjoy music and delicious food trucks, but the fun won't stop there! Hand in Paw will be partnering with Homewood hot spots like The Grocery where runners can grab refreshments after the races.

To register and to learn more about Mutt Strut, please visit www.handinpaw.org/muttstrut.

To become a vendor at Mutt Strut or to make a donation, contact Ashley Foster at ashley@handinpaw.org.

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ABOUT HAND IN PAW

With a mission to improve human health & well-being, Hand in Paw is Alabama's premier Animal-Assisted Therapy provider and a national leader in this growing field. Hand in Paw's professionally-trained volunteer handler and animal Therapy Teams help improve people's day to day lives in several medical centers, schools, and human service organizations throughout North Central Alabama and Tuscaloosa. Our volunteer teams make thousands of beneficial visits through community events and participating facilities each year, helping countless children with special needs, at-risk youth, struggling students, and people with chronic and terminal illnesses. At no time has Hand in Paw charged for its services. For more information, visit www.handinpaw.org.